

SANDBACH TOWN COUNCIL
Finance, Policy, and Governance Committee

Supplementary Grant Application to be considered at the meeting to be held on Wednesday, 9th August 2023 at 7.00pm, Sandbach Town Hall.

SANDBACH TOWN COUNCIL
APPLICATION FORM - GRANTS TO VOLUNTARY ORGANISATIONS

Name of Organisation or Group:

Smile Group.....

Contact Person: [REDACTED].....

Address: Registered address – [REDACTED]
 [REDACTED]
 Cheshire Post Code [REDACTED]

Tel No: Day [REDACTED]..... Eve

E-mail: [REDACTED]

Please give the purpose of your organisation as described in your constitution.

- 1) To provide relief to those affected by perinatal mental illness, and their families, by means of support, advice and services complementary to those provided by statutory services.
- 2) To advance the education of the public in matters relating to perinatal mental illness.
- 3) To advance the health and education of the public and in particular new parents, by providing support, advice and information about parenthood.

We provide peer support to families affected by Perinatal Mental Illness – conception through to 3 years old, primarily for the parent but it affects the child/parent bond if not supported.

Please enclose a copy of your constitution or rules, showing your aims and objectives.

Is it a Registered Charity? YES If so, please give Charity Number 1168751

1 **Total cost of your project?** £9942 Sum requested from STC £ 4280

Please attach a breakdown of the estimated costs of your project together with your anticipated source of funds.

Item	Total	Request from STC	Comments
Wellbeing Practitioner	£4,500	£2,250	1 x Wellbeing practitioner to facilitate the Sandbach group on a weekly basis (£15x3 hours x 50 weeks) -

			we always have 2 facilitators but are only requesting funding for 1 (group only)
Wellbeing Practitioner 1:1 home visits and associated admin	£1125	£0	1.5 hours per week (£15x 50 weeks), Associated with Sandbach
Travel	£297	£0	60miles x 0.45 x 11months
Refreshments/Group activities	£250	£250	Biscuits / crafts for groups sessions £5 per week (50 weeks)
Counsellor / Volunteer costs – mileage, phones to contact clients, supervision	£1690	£480	Contribution towards our Sandbach-based Counsellor's volunteer expenses
Admin from team	£750	£750	1 hour per week to coordinate waiting lists Sandbach group activity as well as general support
Management overview	£600	£300	1 hour / month management time x 12 months – oversight of the Wellbeing Practitioners and volunteers as well as the project
oncosts	£,250	£250	% towards insurance, CRM system, mobile contracts etc
TOTAL REQUEST	£9942	£4280	

2 A summary of your project:

This grant is aimed at Project establishment / support and should be considered a standalone sum. Describe your project and what you would do with a grant:

We are asking for funding support for our Sandbach Peer Support Group which is accessed by families who live in and around Sandbach. This funding will support the Volunteer Counsellor and Wellbeing Practitioner to deliver the Sandbach Group, alone. Whilst we cover the whole of Cheshire East this project is for Sandbach only. The Volunteer Counsellor is in their final year of the Level 5 Counselling at Keele University and has to undergo 200 hours on placement, which they applied to us for. As part of their supervision they have to access external Supervision which they are expected to pay for themselves, however we believe it is fair to cover the expenses. There is a short wait, of no more than 6 weeks, for our Talk Therapy and it accessible as they are able to bring the baby into the room or our Wellbeing Practitioners and Group Support Assistant can watch them while they are in the session. This often reassures our parents. The Group Support Assistant will do crafts or an activity with the baby toddler during the session. The parent can access 6-8 sessions for free.

We have 2 Wellbeing Practitioners who facilitate the groups on a weekly basis. They talk to the parent and are a listening ear. Our service is Peer Support and therefore we do not offer advice but are able to signpost and work closely with the statutory services like Health Visitors and the Specialist Perinatal Mental Health team. We liaise with other Health Professionals when needed and are part of the clinical pathway of support services. We supported 32 families from Sandbach in 2022. Whilst we have the group, the Wellbeing Practitioners also offer 1:1 in families homes and supported 18 directly from Sandbach. We are seeing more families who we are also sign posting to others services such as Domestic Abuse and this year the food pantry / and food bank.

In 2022, Smile Group supported 352 families with 1868 contact points across Cheshire East. We directly supported 18 parents who are Sandbach residents with the 1:1 home visits and 32 Sandbach residences attend our Group which is based at Sandbach Children's Centre. We are aiming to increase awareness this year and for these numbers to rise.

Does the grant cover advertising or wages of personnel involved if so how much?

£750 for the admin of the Group

£2,250 for 3 hours of 1 Wellbeing Practitioners

£300 Management overview of the project

£480 contribution towards supervision costs for the Volunteer Counsellor

3 The Council gives priority to applications which meet the following priorities. Please tick the ones which you feel your project meets.

- ☒ **Projects which benefit the people of Sandbach.**
- ☐ Create an Inclusive Society
- ☐ Promoting our Environment, Heritage and Culture
- ☐ Work towards improving Leisure and Amenities.

How does the project meet these priorities?

We are requesting this funding is for our Sandbach Group which is accessed by families from Sandbach and the surrounding areas. This allows the families of Sandbach to be able to access support for their mental wellbeing in what should be a wonderful time but can often be an extremely challenging experience.

Attendance at our Sandbach groups enables local residents experiencing perinatal mental health challenges to overcome feelings of loneliness and it creates a more connected local community. Friendships are often formed from attending the groups as people share this difficult time with each other. It gives people of Sandbach somewhere to go when they are feeling low and enables them to meet others in a similar situation. Whilst we predominantly support those with mild to moderate difficulties, we often have complex families attend and therefore we are able to join up with secondary services and offer a blend of support.

4 Have you raised funds from any other sources for this project? YES

5 If yes, please state source and amount.

We have secured funding from Cheshire Community Foundation, and the National Lottery. Also funding from Cheshire and Wirral Partnership NHS foundation – Community Mental Health Transformation Funding (East Cheshire). These are for the whole of Smile Group and not just the Sandbach Project

We have a robust funding strategy plan in place which looks at a range of sources including fundraising, regular giving and corporate sponsorship / Business support

6 Are you awaiting the outcome of any other applications for funding, towards this project? NO

If yes, please state whom you have applied to and the amount of any application.

7 Has the Organisation previously applied for a Grant from Sandbach Town Council? YES

If yes, please give details

In 2020 we received £2340 for walks and group facilitation for walks during COVID.

8 The Organisation's accounts for the last three years. *

YEAR	2022-2021	2021-2020	2020-2019
Accounts Balance b/f	130,867	72,864	29,999
Accounts Balance c/f	117,976	130,867	72,864
Income	167,217	190,271	99,310

Expenditure	180,106	132,268	56,540
Year-end bank balance	119,568	131,390	74,873

- **Please enclose a copy of your last available set of accounts.**

I have attached the draft accounts that is currently with the accountants being verified. Once we have the completed document I will be able to send that onto yourselves.

9 Describe the geographical area in which your Organisation works.

Smile Group covers the whole of Cheshire East. We have weekly peer support groups in Macclesfield, Congleton, Sandbach and Nantwich which families can attend. We have only included Sandbach families in this funding with our numbers.

10 What proportion of the work takes place in Sandbach?

Approximately 28% from our total Service is from Sandbach, we have added the specific Sandbach figures above

If the Organisation were to be successful in securing a grant, to whom should the cheque be made payable?

Name Smile Group

If payment by BACS is preferred:

Bank Account Name... [REDACTED]

Account Number [REDACTED] Sort Code [REDACTED]

Could you please indicate if you are able to/ would like to attend the meeting to support your application, and answer any questions the committee may have: YES

Two of the authorised signatories for your bank/building society account need to sign below:

Signed: [REDACTED] Position within the Organisation: Operational Director and Co-founder.

Signed: [REDACTED] Position within the Organisation: Director and Co-Founder

On behalf of

Smile Group

Date: 24 2023

Please note: A condition of any grant award is the return of a completed Grant Feedback form within four weeks of the project/event completion. In signing above and submitting a grant application you are committing to return the feedback form.

Town Clerk, Sandbach Town Council
Sandbach Town Hall, High Street, Sandbach, CW11 1AX